

Smile Stars

Pediatric Dentistry & Orthodontics



"Smile Stars Pediatric Dentistry and Orthodontics is committed to you and your needs. This commitment is founded in a "faith and value centric" purpose through services and trust. We are truly blessed by the opportunity to be a positive influence in the lives of you and your children."

JUNE

Join us for our Annual Dress Up Week:
June 3rd-6th

- Monday: Beach Day
- Tuesday: Character Day
- Wednesday: Camo Day
- Thursday: Tie Dye Day

We hope to see you in your themed attire at your visit with us!

Star Patient



Our Star Patient for June is Dorsey! Mrs. Haley loves when Dorsey comes for her cleanings. She lights up the room and is so joyful!



Make it Monday: Craft projects from the Dollar Tree, Walmart, paints, markers, etc.

Learning Tuesday: Library story time, learning workbooks, 20 minute reading time, STEM projects

Water Wednesday: swimming pools, splash pads, sprinklers, water balloons

Take a Trip Thursday: dollar movies, bowling, playground, scenic drive

Foodie Friday: Make something new in the kitchen, ice cream, try a Pinterest recipe

Oral Hygiene and Orthodontics

You know how important it is to brush and floss properly when you're wearing braces – but what's the best way to do that? Let's start with the basic brushing tools:

1. Either a **soft-bristled brush or a bi-level brush** (one that has shorter bristles in the middle and longer bristles at the edges) can be effective. Be especially careful to clean the areas between wires and teeth, and between brackets and gums – that's where food particles can easily become trapped

2. **Interdental Aids:** If you're having trouble cleaning the areas near brackets and wires, there are some special tools that may help. One is the interdental toothbrush. It has a small tuft of bristles that stick up all around, like a pipe cleaner. Use it gently and carefully to clean the tiny spaces under wires and around bands and brackets.

3. **Floss Threader:** To keep your teeth and gums clean and healthy, you need to floss at least once per day. But how do you get floss under the archwire of your braces? It is not so hard with the help of a floss threader. Using this device is somewhat like threading a needle: You pull one end of floss through the threader, and then push the threader – carrying with it the free end of the floss – under the archwire. Now grasp the floss on each end and slide it up and down the sides of both teeth, and all the way under the gums until you pull the floss through.



Community Events

“Join Our Lady of the Lake Children's Health for our Summer of Amazing! We are excited to bring the community several events at the Mall of Louisiana for children and their families to learn more about good health and wellness.

Our Monday Fundays and Kids' Healthy Fun Fest are jam packed with games, giveaways, free carousel rides and important health information for the whole family!”

Stop by the Smile Stars booth at the following events:

- Monday Funday on Monday, June 17 at 10 a.m. - 12 p.m. for Exercise & Nutrition Week
- Kids' Healthy Fun Fest on Saturday, June 22 at 10 a.m. - 1 p.m.

We look forward to seeing you there!



BAYOU OAKS 73- NEWS & EVENTS

Summer registration opens:
 Current Members: May 7
 Non-members: May 9

Summer Session:
 May 27-Aug 11

CRAWFISH SWIM SCHOOL

Once per week 30 minute swim classes for summer
 Classes offered Monday-Sunday

PARENT & BABY CLASSES
 Water Babies 2 - 5 months (FREE)
 Water Tykes 6 - 28 months

GROUP CLASSES

Ages	Skill Levels
2-3 years	Beginner 1 & 2
4-8 years	Intermediate 1 & 2
9-12 years	Advanced
Adult	Rising Stars 1 & 2

PRIVATE & SEMI-PRIVATE CLASSES

1.5 years-Adult
 Semi-private lessons 2 years-Adult *
*Semi-private swimmers must be at least 2 years old and enrolling with another student of similar age and skill level.

PosterMyWall.com www.crawfishswimschool.com 225.673.3366 15077 Hwy 73



Experience the "Magic of Mudbug" at Mudbug Academy Summer Camps!

Ages 3-5 (Must be potty trained)

- Half Day Camps: 9-1
- Full Day Camps: 9-3

(Includes "Splash n' Play at Crawfish Aquatics Swim School Bayou Oaks)

Camp Weeks:

- June 3rd-7th
- June 10th-14th
- June 17th-21st
- July 8th-12th
- July 15th-19th
- July 22nd-26th

Summertime Mother Day Out!

- 2 & 3 year olds (must be 2 by June 1st) (Do not need to be potty trained)
- Hours 9-12
- M/W/F or T/TH options available
- Session 1: June 3rd-21st
- Session 2: July 8th-26th

For registration and information:

- Call 225-744-4414

PJ's Coffee

- Hours: Monday-Friday (5 AM-9 PM) & Saturday-Sunday (6 AM-8 PM)
- Come by and enjoy some of our delicious beverages & treats!

