



"Smile Stars Pediatric Dentistry and Orthodontics is committed to you and your needs. This commitment is founded in a "faith and value centric" purpose through services and trust. We are truly blessed by the opportunity to be a positive influence in the lives of you and your children."

Hygiene Tips for Baby

It is never too soon to begin caring for your infant's oral hygiene. Even before baby begins cutting teeth, there are many ways you can help to keep a healthy oral environment for your child.

The American Dental Association states, "A baby's 20 primary (baby) teeth are already present in the jaw at birth and usually begin coming through the gums around 4 to 6 months of age. Most children have a full set of 20 primary teeth by the time they are 3 years old.

Tooth decay is the most frequent childhood disease, but it's also very preventable. The most common cause of tooth decay in young children is frequent, prolonged exposure of the teeth to sugary drinks. There are many ways to avoid tooth decay. As a parent, you can make a tremendous difference by completing the following. Put only plain water, formula, milk or breast milk in bottles. Avoid filling bottles with liquids such as sweetened water, fruit juice or soft drinks. Never put your baby to bed with a bottle, even when it's breast milk or formula, it can still decay teeth. Use clean pacifiers — don't dip them in sugar or honey. Try not to share saliva with the baby by using the same spoon or licking a pacifier to clean it. Tooth decay can begin with cavity-causing bacteria being passed from the mother to the baby."

Remember to keep your child's teeth and gums clean, even if it's wiping out the mouth with a clean moist washcloth after each feeding. It starts with YOU! Let's set a great example and blaze the trail for our future Smile Stars!!

For additional information on early dental care visit our website:

<http://www.smilestars.com/dental-treatment/early-dental-care>

http://www.ada.org/en/~media/MouthHealthy/Files/Alliance%20Prenatal%20Materials/Handout_English

Jeremiah's Travels

Smile Stars' team mascot, Jeremiah, the basketball playing bull frog has been spotted out and about in the community. He has recently been traveling from school to school teaching children about proper oral hygiene, healthy eating habits and how fun their visit with the dentist can be. These types of visits help alleviate any fears or misinterpretations about trips to the dentist office and also associate the dentist with fun. Instruments and procedures are introduced to children in a relaxed, non-threatening environment using terms they can understand.



Bayou Oaks Trick or Treat 2019



Thank you to everyone that came out to our annual Bayou Oaks Trick or Treat event!



Thanksgiving Kids Craft



Supplies Needed:

- Brown construction paper
- Orange construction paper
- Multi colors of construction paper
- Feathers
- Wiggle eyes
- Red tissue paper
- Glue stick

Instructions:

- Trace a circle on brown construction paper then cut it out for the body.
- Trace and cut out turkey feathers using multi colored construction paper.
- Glue the feathers to the back of the circle.
- Write what you are thankful for on each feather.
- Cut out an orange triangle for the beak and glue it on.
- Glue on the two wiggle eyes.
- Glue a small piece of red tissue paper next to the beak for the gobble.
- Glue soft feathers behind turkey feathers.

Thankful Turkey Craft



<https://www.theresourcefulmama.com/thankful-turkey-kid-craft-and-book/>

Protecting your child!

Swimming, especially for younger swimmers, is not like riding a bike. Swimmers will not hop back in after many months of not swimming and remember their skills. Even more concerning, the possibility of a water emergency is not isolated to the summer months, so it is important to maintain regular practice! Don't start from square one each summer or let these life-saving skills fizzle out with the summer months. Water Safety Matters, No Matter the Season!



www.crawfishswimschool.com

