



"Smile Stars Pediatric Dentistry and Orthodontics is committed to you and your needs. This commitment is founded in a "faith and value centric" purpose through services and trust. We are truly blessed by the opportunity to be a positive influence in the lives of you and your children."

Merry Christmas and Happy New Year!

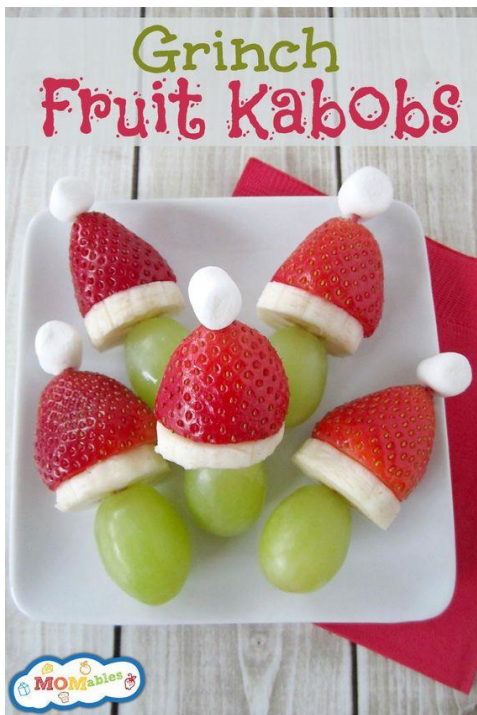
Smile Stars wants to wish you and your family a safe and happy holiday season!



Jeremiah's Travels



Smile Stars' team mascot, Jeremiah, the basketball playing bull frog has been spotted out and about in the community. He has recently been traveling from school to school teaching children about proper oral hygiene, healthy eating habits and how fun their visit with the dentist can be. These types of visits help alleviate any fears or misinterpretations about trips to the dentist office and also associate the dentist with fun. Instruments and procedures are introduced to children in a relaxed, non-threatening environment using terms they can understand.



Grinch Fruit Kabobs

Ingredients:

- Mini Marshmallows
- Toothpicks
- Green Grapes
- Bananas
- Strawberries

Instructions:

<https://momables.com/grinch-fruit-kabobs/>



Handprint Angel CHRISTMAS CARD



Handprint Angel Christmas Card

Supplies:

- Cardstock (red, white, off white, peach)
- Yellow pipe-cleaner
- Hot glue gun/craft glue
- Markers

Instructions:

<https://thesoccermomblog.com/handprint-angel-christmas-card/>

Merry Christmas!

Protecting your child!

Swimming, especially for younger swimmers, is not like riding a bike. Swimmers will not hop back in after many months of not swimming and remember their skills. Even more concerning, the possibility of a water emergency is not isolated to the summer months, so it is important to maintain regular practice! Don't start from square one each summer or let these life-saving skills fizzle out with the summer months. Water Safety Matters, No Matter the Season!



www.crawfishswimschool.com

