



"Smile Stars Pediatric Dentistry and Orthodontics is committed to you and your needs. This commitment is founded in a "faith and value centric" purpose through services and trust. We are truly blessed by the opportunity to be a positive influence in the lives of you and your children."

## February is National Children's Dental Health Month

In honor of National Children's Dental Health Month, we will discuss the importance of "baby teeth". This is the first set of teeth a child will get starting at around 6-10 months. By the time your child is 3 years old, they will have all 20 of their baby or primary teeth.

It is very important to care for your child's teeth because they are crucial for their overall health and development.

This first set of teeth will be used to **chew and eat** healthy foods supporting growth and good nutrition. They allow children to **speak clearly**, and most importantly they **maintain space** for your little one's adult teeth and growing jaw. If a primary tooth is lost too early, another tooth in the mouth may try and shift into it's space before allowing the permanent tooth to come in.

A healthy smile free of decay gives children self-confidence and promotes overall health. Help us this month by spreading the word on the importance of good oral hygiene!



## Jeremiah's Travels

Thank you St. Jude Catholic School for having us! Jeremiah was blessed to make so many new friends!



★ **Star Patient** ★

**Skylar**

**Favorite Food: Macaroni and cheese**

**Favorite Colors: Pink and Purple**

### Mudbug Academy



Mudbug Academy serves families who seek a more structured early learning experience that's heavily focused on physical development, preparatory academics and character-shaping values, delivered professionally and compassionately in a safe, welcoming environment. We prepare little learners for a successful life ahead on a solid foundation of physical education, functional skills and faith-based values.

### Crawfish Swim School

Swimming, especially for younger swimmers, is not like riding a bike. Swimmers will not hop back in after many months of not swimming and remember their skills. Even more concerning, the possibility of a water emergency is not isolated to the summer months, so it is important to maintain regular practice! Don't start from square one each summer or let these life-saving skills fizzle out with the summer months. Water Safety Matters, No Matter the Season!



[www.crawfishswimschool.com](http://www.crawfishswimschool.com)



The popular King Cake flavor is back at PJ's Coffee!  
  
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**Meeting Your Needs,  
Not Ours!**



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